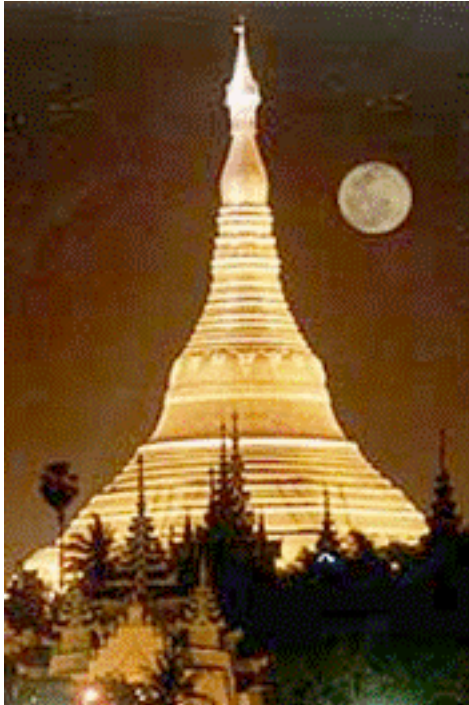


Join **Jack Kornfield** One of the leading
Buddhist teachers in the west



On a support pilgrimage
To the amazing Buddhist world of

BURMA

January 18 – February 2, 2009
(Approximate Dates)

Embody the Buddha of Wisdom and Compassion

Join in the only trip Jack has ever led to Asia. A voyage of meditation and compassion, and a fundraiser, we will see the best of Burma, help supply food and medicine, and support the rebuilding of schools and hospitals in the most direct way possible.

We will visit breathtaking temples from the Sagain Hills monasteries to ancient Pagan to the Schwedagon and receive teachings from meditation masters at several of the greatest meditation centers of Burma.

We will visit projects of the Foundation for the People of Burma, which has been able to get aid directly to the people of the Delta in the aftermath of Cyclone Nagris and which has an ongoing web of clinics, schools, and community rebuilding projects across Burma.

In spite of tremendous hardship, the Burmese people are among the most hospitable in the world. It is an honor to support their efforts of development with our pilgrimage.

Limited Group Size

First Class Travel

Cost: Approx. \$3800.00 excluding airfare to Burma
Plus a \$20,000.00 (per person minimum) donation to
Foundation for the People of Burma
(www.foundationburma.org)

If interested contact: Sara Sparling at ss4jk@spiritrock.org
or 415-488-0164 x 276